

Everyone gets alerts about unimportant news, so why not get news about the most important topics of all: YOU and YOUR HEALTH!

Get connected today:

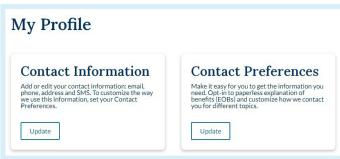
- 1. Go to www.BlueChoiceSC.com.
- 2. Sign in to **My Health Toolkit**<sup>®</sup>.
- 3. Select Profile.
- 4. Then select My Account.

Add your contact information under **Contact Information** and set your contact preferences under **Contact Preferences**.

Setting your contact preferences tells us how you want to receive our communications. Once connected, you'll receive all this:

- Keys to using your coverage
- Health and wellness reminders
- Updates on program enhancements
- Ways you can save

And more!



Focus on life. Focus on health. Stay focused.



BlueChoice HealthPlan is an independent licensee of the Blue Cross Blue Shield Association.